

Doctor: _____ Appointment Date : _____ Time: _____

Capital City Gastroenterology, P.C.

Preparation Instructions for an EGD

(Esophagogastroduodenoscopy)

Important – Please read these instructions several days prior to your procedure or as soon as possible.

General Information

Your doctor has determined that you need an EGD. This is a procedure in which an endoscope is fed through your mouth and down your esophagus into your stomach. This instrument allows the doctor to visually examine your esophagus, stomach, and duodenum. It is a simple, painless procedure and you will be asleep during its conduct.

This procedure is used to identify any disease processes or conditions that may be present in your upper digestive tract. During the procedure the doctor may take some small tissue samples (biopsies) for examination under a microscope. More information about EGDs can be found on our website and links located on our website www.ccgastro.net.

TRANSPORTATION: A responsible adult must bring you, remain during the procedure, and drive you home. The medication given during the procedure will cause drowsiness, making it unsafe to drive or operate machinery.

Special Conditions

If you take **Coumadin, Aspirin** or other **blood thinners**, please contact your primary care physician to determine if you can discontinue their use for 3 – 5 days before your procedure.

You may take all other medications (except blood thinners) the morning of your procedure with a *small* sip of water.

The Night Before

For this procedure it is important that your stomach be totally empty. Therefore, **you may not have anything to eat or drink after midnight before your procedure.** The only exception to this is the small sip of water used to take any medications.

Day of the Procedure

Please leave all jewelry and valuables at home. Please report to the Endoscopy Center at Baptist Medical Center East on Taylor Road at your scheduled show time. The Endoscopy Center is located at the far rear corner of the hospital and is marked with a blue sign reading **ENDOSCOPY CENTER**. **Be prepared to spend about three hours.** Once you have signed in, have a seat until you are called back. The person who bring you must remain in the waiting room until you are released. That person must then take you home. The medications given during the procedure will make you drowsy and you must not drive or operate machinery the remainder of the day.

If you have any questions regarding these instructions, please call our office at 334-495-2600